

Parent Support & Professional Development Calendar

Fall 2011

Raising children is hard work, we can help!

**This calendar is a project of the
Ontario Early Years Centre,
Leeds & Grenville.**

Inside you will find a listing of parent education and community programs for families, children and teens that are happening in your community.

The services listed in this calendar are offered by many different agencies and all are *free of charge*, unless there is a fee mentioned. Each listing has information about times and locations, and most have a telephone number for further information. If you have a question about a particular listing, please call the contact number first.



For more information about this calendar or the Ontario Early Years Centre, Leeds & Grenville please call
1-866-433-8933 x 2374.

Inclusion of a group or program in this flyer does not imply endorsement by the United Counties of Leeds & Grenville. Every effort is made to ensure the accuracy of information in this calendar, and we apologize for any errors.

Brockville and Area

<p>Brockville Community Play & Learn</p> <p>Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Tuesdays - Fridays 9:00 - 11:30 am</p> <p>Wednesdays 1:30 - 3:00 pm</p> <p>Saturdays 9:00 - 11:00 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Storytime</p> <p>Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Saturdays 11:00 - 11:45 am</p>	<p>Join us for interactive stories and learn fun songs and rhymes. For parents, caregivers and their children birth to 6 years. Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Athens Community Play & Learn</p> <p>Location: Pineview Public School, 8 George St., Athens</p>	<p>Tuesdays 9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Baby Rhyme Time</p> <p>Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Mondays Sept. 26 - Nov. 21 (not Oct. 10) 1:30 - 3:00 pm</p>	<p>Program offers parents and their baby, birth to 12 months, an opportunity to experience the pleasure and power of rhymes, songs and stories. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Goosie Goosie Gander</p> <p>Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Thursdays Oct. 6 - Nov. 10 1:30 - 3:00 pm</p>	<p>A fun-filled early learning and literacy program for parents, caregivers and their children 3 – 6 years. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Child Care Professional Development Day</p> <p>Location: Commonwealth Public School, 166 Pearl St. E., Brockville</p>	<p>Saturday October 15 8:15 am - 1:00 pm</p>	<p>A professional development opportunity for childcare professionals in Leeds and Grenville that includes: participation in two workshops from a choice of eleven different sessions, networking and a marketplace. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Nutrition and Your Child</p> <p>Location: Commonwealth Public School, Room 3, 166 Pearl St. E., Brockville</p>	<p>Friday November 25 10:30 am - 12:00 pm</p>	<p>Come and speak with a Dietician about any food/dietary questions you have for you or your child birth to 6 years. Babe in arms only. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Good Food for a Healthy Baby</p> <p>Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Mondays Sept. - Dec. 1:00 - 3:00 pm</p>	<p>A prenatal nutrition program. Come and relax with us and have fun! Free.</p> <p>For more info: call Joanne Harris, 1-888-284-2204, ext. 0.</p>

<p>Breastfeeding Support Drop-in La Leche League Canada – Brockville Group</p> <p>Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>2nd Wednesday each month</p> <p>Sept. 14, Oct. 12, Nov. 9, Dec. 14</p> <p>6:30 - 8:15 pm</p>	<p>Mother-to-mother breastfeeding support, facilitated by an accredited Leader, plus lending library and refreshments. Babies welcome! Free.</p> <p>For more info: call Julie, 613-925-0067.</p>
<p>Teen Drop-In</p> <p>Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Thursdays</p> <p>Sept. - Dec.</p> <p>2:30 – 5:00 pm</p>	<p>Drop-in for teens, featuring Wii, board games, anime and teen movies. Free.</p> <p>For more info: call Lisa Cirka, 613-342-3936.</p>
<p>Tween Game On</p> <p>Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Wednesdays</p> <p>Sept. - Dec.</p> <p>3:30 - 5:00 pm</p>	<p>Drop-in for children ages 8 – 12 years, featuring Wii and board games. Free.</p> <p>For more info: call Lisa Cirka, 613-342-3936.</p>
<p>Toddler Tales</p> <p>Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Tuesdays</p> <p>Oct. 4 - Nov. 8</p> <p>10:30 - 11:00 am</p>	<p>Stories, songs and rhymes for two year olds and an adult. Free.</p> <p>To register: call Lisa Cirka, 613-342-3936.</p>
<p>Preschool Storytime</p> <p>Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Thursdays</p> <p>Oct. 6 - Nov. 10</p> <p>10:30 - 11:15 am</p>	<p>Stories, songs, rhymes, games and a craft for 3 – 5 year olds and an adult. Free.</p> <p>To register: call Lisa Cirka, 613-342-3936.</p>

North and South Leeds

<p>Gananoque Community Play & Learn</p> <p>Location: OEYC - 375 William St. South, Gananoque</p>	<p>Mondays, Tuesdays and Thursdays</p> <p>9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Elgin Community Play & Learn</p> <p>Location: Rideau Lakes Public Library, Elgin Branch, 24 Halladay St., Elgin</p>	<p>Fridays</p> <p>9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Lyndhurst Community Play & Learn</p> <p>Location: Sweet's Corners Public School, 276 Lyndhurst Rd., Lyndhurst</p>	<p>Thursdays</p> <p>9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Mallorytown Community Play & Learn</p> <p>Location: Community Centre, 76 Cty. Rd. #5, S., Mallorytown</p>	<p>Mondays</p> <p>9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>

<p>Best Start Child Development Screening Clinic</p> <p>Location: OEYC - 375 William St. South, Gananoque</p>	<p>Tuesday Oct. 4 9:30 am - 12:30 pm</p>	<p>Do you have a child between birth and six years old? Do you have questions about how your child is growing and learning? Meet with an early childhood professional to talk about your child. No charge. No appointment. First come-first serve. Free.</p> <p>For more info: call 613-342-2917.</p>
<p>Best Start Child Development Screening Clinic</p> <p>Location: 4319 Cove Rd., Country Roads Community Health Centre, Portland</p>	<p>Thursday Oct. 20 3:00 - 6:00 pm</p>	<p>Do you have a child between birth and six years old? Do you have questions about how your child is growing and learning? Meet with an early childhood professional to talk about your child. No charge. No appointment. First come-first serve. Free.</p> <p>For more info: call 613-342-2917.</p>
<p>Make the Connection – Infant</p> <p>Location: OEYC -375 William St. South, Gananoque</p>	<p>Wednesdays Oct. 26 - Dec. 14 1:30 - 3:00 pm</p>	<p>Parents will learn the skills necessary to establish loving relationships, foster two-way communication and nurture the curiosity behind their baby’s drive to explore and learn. There will be videotaping and photographs taken and shared with parents. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Kids Have Stress, Too!</p> <p>Location: Thousand Islands Elementary School Library, 101 King St. West, Lansdowne</p>	<p>Wednesdays Nov. 2 - 16 6:30 - 8:30 pm</p>	<p>A three-part parent program designed to help parents better understand stress and to help them teach their children ways to manage anxiety and stress. Babes in arms are welcome. Child care available for children birth – 12 years. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Storytime</p> <p>Location: Rideau Lakes Public Library, Elgin Branch, 24 Halladay St., Elgin</p>	<p>3rd Wednesday of each month Sept. 21, Oct. 19, Nov. 16, Dec. 14 (2nd Wed.) 10:30 - 11:30 am</p>	<p>Stories, activities and crafts for children birth to 6 years and their families. No registration required, drop in. Free.</p> <p>For more info: call Vicki Stevenson, 613-359-5315.</p>
<p>Storytime</p> <p>Location: Rideau Lakes Public Library, Portland Branch, 2792 Hwy. 15, Portland</p>	<p>3rd Saturday of each month Sept. 17, Oct. 15, Nov. 19, Dec. 17 1:30 - 2:30 pm</p>	<p>Stories, activities and crafts for children birth to 6 years and their families. No registration required, drop in. Free.</p> <p>For more info: call Vicki Stevenson, 613-359-5315.</p>

<p>Preschool Story Time</p> <p>Location: Gananoque Public Library, 100 Park St., Gananoque</p>	<p>Wednesdays Starting Sept. 28 10:30 - 11:15 am</p>	<p>For parents, caregivers and their children birth to 6 years. Free.</p> <p>For more info: call 613-382-2436.</p>
<p>Parent, Education & Support – Portland Group</p> <p>Location: 4319 Cove Rd., Country Roads Community Health Centre, Portland</p>	<p>3rd Monday of each month Sept. - Dec. 9:30 - 11:30 am</p>	<p>For parents, caregivers and their children birth to 6 years. Free.</p> <p>For more info: call Early Years Team, 613-272-3302 or 1-888-998-9927, ext. 246.</p>
<p>Breastfeeding Buddies Drop-In</p> <p>Location: 4319 Cove Rd., Country Roads Community Health Centre, Portland</p>	<p>1st Tuesday of each month Sept. - Dec. 1:30 - 3:30 pm</p>	<p>Gain support, share experiences and concerns. Registered Nurse present. Book ahead for child care. Free.</p> <p>For more info: call Early Years Team, 613-272-3302 or 1-888-998-9927, ext. 246.</p>
<p>Parent, Education & Support – Elgin Group</p> <p>Location: Elgin Municipal Complex, 47 Main St., Elgin</p>	<p>1st Monday of each month Sept. - Dec. 9:30 - 11:30 am</p>	<p>For parents, caregivers and their children birth to 6 years. Free.</p> <p>For more info: call Early Years Team, 613-272-3302 or 1-888-998-9927, ext. 246.</p>
<p>Parent, Education & Support – Delta Group</p> <p>Location: Delta Baptist Church, 24 King St., Delta</p>	<p>2nd & 4th Wednesday of each month Sept. - Dec. 10:00 am - 12:30 pm</p>	<p>For parents/caregivers and their children birth to 6 years. Free.</p> <p>For more info: call Early Years Team, 613-272-3302 or 1-888-998-9927, ext. 246.</p>
<p>Seeley's Bay Playgroup</p> <p>Location: Seeley's Bay Legion, 116 Bay St., Seeley's Bay</p>	<p>Thursdays Sept. - Dec. 9:30 - 11:30 am</p>	<p>A parent run playgroup for parents, caregivers and their children birth to 6 years. Free.</p> <p>For more info: call Sarah, 613-387-3565.</p>

North Grenville

<p>Kemptville Community Play & Learn</p> <p>Location: OEYC - 33 Clothier St., Kemptville</p>	<p>Mondays, Wednesdays and Thursdays 9:30 - 11:30 am Tuesdays 1:30 - 3:00 pm</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free.</p> <p>For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Feeding Toddlers and Preschoolers</p> <p>Location: OEYC - 33 Clothier St., Kemptville</p>	<p>Monday Oct. 17 6:00 - 7:30 pm</p>	<p>Registered Dietician will discuss healthy eating and the easy way we can integrate healthy food choices in our children's diet. Children welcome. Free.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>

<p>Baby Rhyme Time Location: OEYC - 33 Clothier St., Kemptville</p>	<p>Thursdays Oct. 6 - Nov. 24 1:30 - 3:00 pm</p>	<p>Program offers parents and their baby, birth to 12 months, an opportunity to experience the pleasure and power of rhymes, songs and stories. Free. To register: call 1-866-433-8933, ext. 2374.</p>
<p>Mini Mind Masters (Bilingual Sessions) Location: OEYC - 33 Clothier St., Kemptville</p>	<p>Fridays Nov. 4 - Dec. 9 9:30 - 11:00 am</p>	<p>A fun, versatile, interactive program for parents and their children 2 – 6 years that helps children build positive living skills which they can use anytime, anywhere, for the rest of their lives. Free. To register: call 1-866-433-8933, ext. 2374.</p>
<p>Good Food for a Healthy Baby Location: OEYC - 33 Clothier St., Kemptville</p>	<p>Tuesdays Sept. - Dec. 11:00 am - 1:00 pm</p>	<p>A prenatal nutrition program. Come and relax with us and have fun! Free. For more info: call Joanne Harris, 1-888-284-2204, ext. 0.</p>
<p>MOPS – Mothers of Preschoolers Location: Cheeky Monkeys, 148 Prescott St., Kemptville</p>	<p>Tuesdays Sept. 13 - Dec. 20 6:30 pm</p>	<p>MOPS is a program designed for young mothers under 25 years of age with children, infancy through kindergarten, with different lifestyles and backgrounds, but all with similar needs and shared desire to be the best mothers they can be. MOPS provides a faith-based, supportive and non-judgmental environment where young mothers can come together with others who are in a similar life situation. Child care provided. Free. For more info: call Allison Downey, 613-258-3583.</p>
<p>Well Baby and Breast Feeding Support Group Location: 354 Read St., Merrickville District Community Health Centre, Merrickville</p>	<p>Alternate Mondays 10:00 - 11:30 am</p>	<p>The program is for parents with children from birth to one year. A Nurse Practitioner/Lactation Consultant is available to help with breastfeeding, to weigh your baby and to answer questions about caring for your baby. Free. For more info: call 613-269-3400, Ext. 229.</p>
<p>Bedtime Story Hour Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>3rd Tuesday Sept. - Dec. 6:30 - 7:30 pm</p>	<p>Bedtime story hour for families. Children are invited to come in their pyjamas. Juice and cookies served. Free. For more info: call Sue Higgins, 613-258-4711.</p>
<p>Juice Jam Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>1st Saturday Oct. - Dec. 11:00 am - Noon</p>	<p>An hour of music and movement for children birth to 10 years. Free. To register: call Sue Higgins, 613-258-4711.</p>

<p>Sarah's Circle</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Mondays or Tuesdays</p> <p>Sept. - Dec.</p> <p>10:00 - 11:00 am or 11:00 am - Noon</p>	<p>A preschool literacy program for children born after December 31, 2007. Free.</p> <p>To register: call Sue Higgins, 613-258-4711.</p>
<p>Drop-In Story Time</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Fridays</p> <p>Sept. - Dec. (starting Sept. 23)</p> <p>10:00 - 11:00 am</p>	<p>Stories, songs, fingerplays, games and a simple craft for children birth to 5 years. Free.</p> <p>For more info: call Sue Higgins, 613-258-4711.</p>
<p>Tween the Lines Book Club</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Wednesdays</p> <p>Sept. - Dec. (starting Sept. 28)</p> <p>5:30 - 6:30 pm</p>	<p>A book club for boys and girls ages 9 – 12. This Fall the group will be reading <u>Lure</u> by Deborah Kerbel.</p> <p>To register: call Sue Higgins, 613-258-4711.</p>
<p>Library Literacy Tuesdays (for Elementary School Students)</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Tuesdays</p> <p>Oct. 11, Oct. 25, Nov. 8, Nov. 15, Nov. 22</p> <p>3:30 - 5:00 pm</p>	<p>Learn how to use a library, whether it is your public, school or college library. Learn how to use the catalogue, search databases, do research.</p> <p>For more info: call Sue Higgins, 613-258-4711.</p>
<p>Library Literacy Tuesdays (for Secondary School Students)</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Tuesdays</p> <p>Oct. 4, Oct. 18, Nov. 1, Nov. 29</p> <p>2:30 - 4:30 pm</p>	<p>Learn how to use a library, whether it is your public, school or college library. Learn how to use the catalogue, search databases, do research.</p> <p>For more info: call Sue Higgins, 613-258-4711.</p>
<p>Homework Help Thursdays (for Elementary School Students)</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Thursdays</p> <p>Oct. 6, Oct. 20, Nov. 3, Nov. 17</p> <p>3:30 - 5:00 pm</p>	<p>What better place to come for homework help. Staff and volunteers will help you with your latest assignments, research topics and get help with your reading skills.</p> <p>For more info: call Sue Higgins, 613-258-4711.</p>
<p>Homework Help Thursdays (for Secondary School Students)</p> <p>Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Thursdays</p> <p>Oct. 13, Oct. 27, Nov. 10, Nov. 24</p> <p>2:30 - 4:30 pm</p>	<p>What better place to come for homework help. Staff and volunteers will help you with your latest assignments, research topics and get help with your reading skills.</p> <p>For more info: call Sue Higgins, 613-258-4711.</p>

<p>Lego Club Location: North Grenville Public Library, Kemptville Branch, 1 Water St., Kemptville</p>	<p>Wednesdays Sept. – Dec. (starting Sept. 28) 4:00 - 5:00 pm</p>	<p>This popular summer program returns this Fall with a literacy twist. Come and build projects – work in teams and share ideas. For boys and girls ages 7 – 14 years. To register: call Sue Higgins, 613-258-4711.</p>
<p>Storytime Location: Merrickville Public Library, 446 Main St., Merrickville</p>	<p>Fridays Sept. - Dec. 10:00 - 11:00 am</p>	<p>For preschoolers. Free. For more info: call 613-269-3326.</p>
<p>Merrickville Playgroup Location: Merrickville Community Centre, 106 Read St., Merrickville</p>	<p>Wednesdays Sept. - Dec. 9:30 - 11:30 am</p>	<p>A parent-run playgroup for parents/caregivers and their children birth to 6 years of age. For more info: call Amy, 613-269-3264.</p>

South Grenville

<p>Prescott Community Play & Learn Location: OEYC - 490 Jessup St. (Hyde St. Entrance), TR Leger, Prescott</p>	<p>Tuesdays - Thursdays 9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free. For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Cardinal Community Play & Learn Location: Cardinal Public Library, 618 King St., Cardinal</p>	<p>Fridays 9:30 - 11:30 am</p>	<p>A program for dads, moms, grandparents, caregivers and their children birth to 6 years. Join us for art, playdough, learning and fun! Free. For more info: call 1-866-433-8933, ext. 2374.</p>
<p>Mini Mind Masters Location: OEYC - 490 Jessup St. (Hyde St. Entrance), TR Leger, Prescott</p>	<p>Tuesdays Oct. 18 - Nov. 22 1:30 - 3:00 pm</p>	<p>A fun, versatile, interactive program for parents and their children 2 – 6 years that helps children build positive living skills which they can use anytime, anywhere, for the rest of their lives. Free. To register: call 1-866-433-8933, ext. 2374.</p>
<p>Sign Language with Baby Location: Spencerville Public Library, 5 Henderson St., Spencerville</p>	<p>Fridays Nov. 18 - Dec. 9 10:00 - 11:00 am</p>	<p>Learn American Sign Language with your baby, birth to 12 months, through songs, stories and activities. Free. To register: call 1-866-433-8933, ext. 2374.</p>
<p>Goosie, Goosie, Gander Location: Cardinal Public Library, 618 King St., Cardinal</p>	<p>Wednesdays Nov. 2 - Dec. 7 9:30 - 11:30 am</p>	<p>A fun-filled early learning and literacy program for parents/caregivers with their children 3 – 6 years of age. Free. To register: call 1-866-433-8933, ext. 2374.</p>

<p>Good Food for a Healthy Baby Location: OEYC - 490 Jessup St. (Hyde St. Entrance), TR Leger, Prescott</p>	<p>Mondays Sept. - Dec. 10:00 a.m. - Noon</p>	<p>A prenatal nutrition program. Come and relax with us and have fun! Free. For more info: call Joanne Harris, 1-888-284-2204, ext. 0.</p>
<p>Cardinal Playgroup Location: St. John's United Church, 2120 Dundas St., Cardinal</p>	<p>Thursdays Sept. - Dec. 9:30 - 11:00 am</p>	<p>A parent-run playgroup for parents/caregivers and their children birth to 6 years of age. Free. For more info: call Kathy, 613-657-3353.</p>
<p>Children's Library Story Time Location: Cardinal Public Library, 618 King St., Cardinal</p>	<p>Tuesdays Sept. 27 - Dec. 20 9:30 - 11:00 am</p>	<p>For parents, caregivers and their children birth to 6 years of age. Free. For more info: call 613-657-3822.</p>

Leeds and Grenville

<p>Child Care Fee Subsidy Locations: Throughout Leeds & Grenville</p>	<p>Call for information.</p>	<p>The United Counties of Leeds and Grenville Community and Social Services Division manages and determines eligibility for child care fee subsidies for residents of Leeds and Grenville under the authority of the Day Nurseries Act. Subsidies are available for children ranging from birth to twelve years of age where the parent(s) is/are employed or enrolled in an educational or retraining program. Child care fee subsidy applies only to contracted licensed child care settings. To make an appointment: call 1-800-267-8146.</p>
<p>Baby Talk Locations: Brockville, Gananoque, Kemptville and Prescott</p>	<p>Call for dates and times.</p>	<p>Free drop-in support for parents of infants. For more info: call Leeds, Grenville and Lanark District Health Unit, 1-800-660-5853 or visit www.healthunit.org</p>
<p>Pre-Natal Classes Locations: Brockville, Gananoque, Kemptville</p>	<p>Call for dates and times.</p>	<p>Registration Fee - \$40.00, class size limited. To register: call Leeds, Grenville and Lanark District Health Unit, 1-800-660-5853.</p>

<p>Language Express</p> <p>Locations: Throughout Lanark, Leeds and Grenville</p>	<p>Call to make a referral.</p>	<p>Language Express is a preschool speech-language program in Lanark, Leeds and Grenville Counties.</p> <p>A child should be referred...</p> <ul style="list-style-type: none"> • If there are concerns about speech/language/hearing development. • If the child’s speech and language skills have not improved over the past six months. • If the child often repeats sounds and/or words (stuttering). • If the child’s voice sounds different to parent or caregiver. • If the child’s play or social interaction seems inappropriate. • If the child has a diagnosis such as cleft lip/palate, hearing loss, PDD/Autism or developmental delay. • If the child is not meeting one or more of the milestones for their age. <p>For information or to make a referral: call 1-888-503-8885.</p>
<p>Triple P - Positive Parenting Program</p> <p>Locations: Throughout Leeds & Grenville</p>	<p>Call for information.</p>	<p>Every parent needs information to help them on their parenting journey. The Triple P – Positive Parenting Program can help. Topics range from sleep to toilet learning to homework completion to disobedience. Triple P practitioners can help parents find the answers and strategies that they need.</p> <p>Triple P researchers have listened to and worked with thousands of parents and professionals across the world. They have shown that Triple P works for many different families, in many different circumstances, with many different problems, in many different places!</p> <p>Leeds and Grenville has a comprehensive Triple P parenting support system for all parents.</p> <p>For more info: call the Health Action Line at 1-800-660-5853 or visit www.triplepontario.ca</p>

<p>Children’s Mental Health of Leeds and Grenville – Early Years Program</p> <p>Locations: Throughout Leeds & Grenville</p>	<p>Call for information.</p>	<p>Young children and their family caregivers sometimes need additional services and help to support their child’s healthy emotional development. Getting help early can make a difference. Our multidisciplinary team members are available to help.</p> <p>The services include consultation, resource information, assessment and counselling.</p> <p>Counselling will include a treatment plan with specific goals for your child and family. Our Early Years counsellor will work closely with you. Services will be delivered in a location that meets the needs of the family and may include meeting in your home or the nearest office for our agency. Our Early Years counsellors work closely with our service partners and with your consent will work to put together an effective treatment plan for your child and family.</p> <p>Who might benefit from our services?</p> <ul style="list-style-type: none"> • A young child engaging in one or more problem behaviours, aggression or difficult social behaviours. • Parents worried about how their child and family are managing, perhaps in response to significant change, loss or trauma. • First time or experienced parents having a hard time coping in their role as parents. <p>We provide Triple P groups and individual help, counselling for anxiety, responding to trauma and in some instances a consultation with a specialized paediatrician or child psychiatrist can be helpful in planning treatment goals for your child.</p> <p>The Early Years counsellor builds on each family’s unique strengths as we work together to respond to your child’s and family needs.</p> <p>For more information or to make a referral: call 1-800-809-2494.</p>
<p>Fun With Books</p> <p>Locations: Throughout Leeds and Grenville</p>	<p>Bi-monthly</p>	<p>“Fun With Books” delivers free Little Golden books every 2nd month to preschoolers registered with the program.</p> <p>To register: call Bernie Boesveld, 613-269-4660.</p>